

RINGMER



CHURCH & VILLAGE NEWS

NOVEMBER 2024

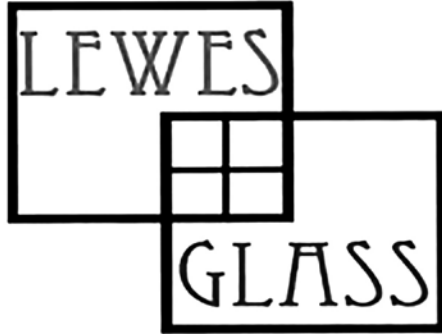
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WHAT'S ON ~ CHURCH NEWS ~ FEATURES

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MAGAZINE CONTENTS

COVER	Photography by Margaret Sweatman
P2	Letter from St Mary's Services
P3/6	What's On at St Mary's St Mary's Notices
P7	St Mary's Notices
P10	Ringmer Baptist Church
P11	What's On in Ringmer
P14	What's On in Ringmer
P17	Ringmer Village Library
P20	What's On in Ringmer
P23	Wildflower Ringmer Laughton Greenwoods
P26	Ringmer Parish Council District Councillor
P27	Honouring Ringmer's Holm Oak 1938-2024
P31	Ringmer Past Times Magazine contacts
P34/35	Contact numbers for local groups

Email ringmerparishmag@gmail.com with your news by midday on 20 November 2024 for the December 2024 issue.

LETTER FROM ST MARY'S



Dear Friends

As I mentioned last month, we are now moving into a season of remembering. There will be a service on 4 November at 6.30pm for the families of those whose funerals we have taken over the past few years but all are welcome to come to remember loved ones who have died, no matter how long ago that might have been.

There are details elsewhere in this month's magazine regarding the Lights of Love service, which will take place this year on 30 November at 4pm.

I'd also like to thank all those who work so hard in the churchyard as they remember and honour their loved ones. Our Churchyard is looked after very well and tended lovingly by so many. Thank you. May I remind you that there are some rules of the Churchyard that we have to abide by to ensure that this space is for all and safe for local wildlife. Overall you all do a wonderful job of tending the graves. Thank you again.

I am always happy to talk to anyone that may have questions or any issues within the Churchyard. Please do contact me if you have any questions or problems.

With every blessing, Revd. David

NOVEMBER CHURCH SERVICES

SUNDAY 3 NOVEMBER

10am

6.30pm

MONDAY 4 NOVEMBER

6.30pm

SUNDAY 10 NOVEMBER

10.50am

SUNDAY 17 NOVEMBER

10am

6.30pm

SUNDAY 24 NOVEMBER

10am

FOURTH SUNDAY BEFORE ADVENT

FirstSunday@10 Service for All Saints

Eucharist for Ordinary Time

ALL SOULS

Service for All Souls

REMEMBRANCE SUNDAY

Act of Remembrance at the War Memorial followed by service in St Mary's

THE SECOND SUNDAY BEFORE ADVENT

Eucharist for Ordinary Time

Evensong

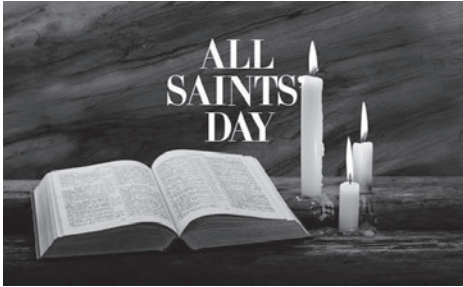
CHRIST THE KING

Eucharist with the Ministry of Prayer

There is also a Said Eucharist in the Lady Chapel every Thursday at 10am

WHAT'S ON AT ST MARY'S

For all church services for November, see p2 or ringmerchurch.org.uk/Information



FIRSTSUNDAYS@10

All Saints Day is on Friday 1 November this year, and our service on Sunday 3 November will be on this theme. We hope you will come and join us.

At 6.30pm on the same day we have a Eucharist service in the chancel, to which you are also invited.

ALL SOULS SERVICE – 4 NOVEMBER

All Souls Day is on Saturday 2 November this year, and we are holding our All Souls Service on Monday 4 November at 6.30pm. If you have not received an invitation but would like to attend and have a loved one remembered please contact Shirley Squires on 01273 715617 or 07552 492354. If you are unable to come and would like a candle lit in remembrance of your loved one please also ring Shirley. There will be light refreshments in the Church Room after the service.

REMEMBRANCE SUNDAY – 10 NOVEMBER 2024

There will be a short Act of Remembrance at the War Memorial at 10.50am followed by a service in St Mary's. Everyone is welcome to join us on this Remembrance Day.



HOLY COMMUNION IN CARE HOMES

Holy Communion is said in each of the care homes in Ringmer during the month. This month we'll be at Parris Lawn on 5 November, Holm Lodge on 26 November and Lime Tree House on 28 November.



PRAYER VIGIL

We'll be praying for the needs of the world, the country, our village and church on Tuesday 12 November at 9am in the Lady Chapel.

This is an informal time and prayers can be said silently or aloud. All are welcome to join us in this time of prayer and contemplation.



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CHURCH FLOODLIGHTING

18 November 2024 Barbara Ruth Bailey "In loving memory"
25 November 2024 Robert Eade "Loved and missed every day"

If you would like to remember a loved one by having the St Mary's church floodlit on a specific evening, please contact Shirley Squires at sasxyz@talktalk.net or on 01273 752167/07552492354 or at 26 Danforth Way. A donation of £10 would be gratefully received.

ADVENT STUDY COURSE

The course starts on Thursday 7 November at 4pm in the Church Room and will last four weeks. You are welcome to come and join us. Refreshments will be available from 3.45pm.

MOTHERS' UNION

At our October meeting Revd Pat Brenton gave us a very interesting talk about being a Hospital Chaplain. On Tuesday 12 November at our meeting in the Church Room at 7.30pm we shall be making a craft item. There is no meeting in December.



LINK TO HOPE SHOEBOX APPEAL 2024

The deadline for submitting completed shoeboxes with items for families and elderly people in Romania, Moldova, Ukraine and Bulgaria is 8 November 2024. Go to linktohope.co.uk or contact Sue Clyde on 01273 812700 for more details.

On 3 November, a team at St Mary's will be helping to put together shoeboxes for this campaign.

Contact Marisa Hayes on 07796 145464 to get involved.

ST MARY'S TODDLERS

The group continues on Wednesdays between 10.30am and 12pm in the Symons Hall at the Village Hall. We invite parents/carers with pre-school children to come along. There is no charge but donations for coffee are welcomed.



ECO TALK IN THE VILLAGE HALL – MAKING OUR HOMES SUSTAINABLE

We had a really entertaining and informative talk from Neil Peters in October. The third talk of this Autumn series will be on Thursday 14 November from 7.30pm to 9pm in the Alan West Room of the Village Hall.

This will be full of information and guidance on how to make your home more sustainable, including reducing the level of

fossil fuels used by retrofitting improved insulation, exploring solar energy and storing it in batteries and more. It will be given by Community Engagement advisors from Ovesco with Howard Johnson from OneZero, who will give encouraging and up-to-date information. There will be the usual refreshments during the informal last half hour. The talks are free but donations are really helpful to ensure we cover costs involved.

RINGMER REPAIR CAFÉ

The Steering Group reports that Kings Academy Ringmer and the Parish Council have agreed that the Repair Café can be held in the Council office area for no charge, which is hugely supportive.

While we have a few new repairers lined up, we still need more. Please don't hesitate to get involved, particularly if you are good at electrical and electronic repairs. The financials are in hand and an application for grant funding is being made to provide a cushion for initial costs.

ST MARY'S ECO TIP – RECYCLE YOUR COFFEE PODS

A lot of people have a coffee pod machine at home. The coffee pods are made from aluminium, in order to protect the freshness, taste and quality of the coffee. Aluminium is infinitely recyclable and 75% of all aluminium ever produced is still in use today, according to the European Aluminium Association. But they do need to be recycled, not thrown away. To do this you need a special bag, which you can order free online. When you have filled it, you can arrange collection by Royal Mail direct from your door, or drop it off at one of 14,000 Royal Mail locations, of which there are three in Lewes. In some areas there is a Podback Kerbside collection service - enter your postcode at <https://www.podback.org/recycle-checker> After collection, the coffee pods are taken to a specialist reprocessing plant in the UK to separate the packaging from the coffee grounds. The coffee grounds are used to create soil improver and renewable energy, while the plastic and aluminium is transformed into new products.



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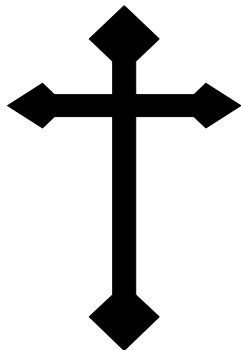
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Elder: Neil Thornicroft 01825 750283 / 07780 605930 / thornicrofts@btinternet.com

Deacon: Malcolm Hart 07494 656725 / mchart.uk@gmail.co.uk

Deacon: Ken Starnes 01273 471409 / kstarnes@mistral.co.uk

Deacon: Annali-Joy Thornicroft 07412 027274 / thornicrofts@btinternet.com

Treasurer: Ken Starnes (as above).

A warm welcome and a joyful time of fellowship awaits all who join us at our services to worship the Lord Jesus Christ and to hear what God is saying. Sunday Morning services are at 10.30am in the Village Hall (Jack Hart) and evening services are in the Village Hall at 6pm. Thursday Home Group is at 7.30pm and Tuesday Prayer Meeting is at 10.15am, both in the Library. Communion is usually every second Sunday morning and fourth Sunday evening.

For pastoral or other needs, contact Neil Thornicroft and head to ringmerbaptist.co.uk for our November Programme and Speakers.

Our Preaching Programme & Speakers for November 2024

Mornings: *The Book of Acts (of the Apostles)*

Evenings: *Jesus' Miracles Series*

RINGMER FOOD BANK OPERATED BY RINGMER BAPTIST CHURCH

Open from 11am to 12pm every Monday (not Bank Holidays) in the library. This service is for those referred to us by local welfare organisations and churches for emergency aid. Donations of food and monies are gratefully received. All food parcels must be collected. Further details are available from Malcolm Hart on 07494 656725.

FELLOWSHIP LUNCH - There is an Informal Fellowship lunch on 3 November. Please note there is no lunch in December.

COMMUNION THIS MONTH - Held on 3 November during our morning service and 24 November during our evening service.

REMEMBRANCE SUNDAY – 9.45am at the War Memorial. No service in Village Hall.

CHRISTMAS DAY LUNCH – We will be hosting this again for anyone who will be alone this Christmas (both single and couples) or have difficulty providing a meal. Contact Annali-Joy Thornicroft on 01825 750283 for more details.

CAROLS BY CANDLELIGHT – This is on 15 December at 6pm.

WHAT'S ON IN RINGMER

RINGMER WI UPDATE

Our October speaker was Rachel Paget from the Ouse and Adur Rivers Trust, which exists to protect, restore and enhance the rivers and streams in the catchment area. Sadly, 85% of all rivers in the country fail to meet good ecological conditions. The Trust works to improve this through initiatives such as the removal of barriers to enhance fish passage, creating urban wetlands and introducing sustainable drainage. The project at Kings Academy is an example.

The next meeting is on Tuesday 5 November at 7.30pm where Steve Stark and Phil Day will give a talk on Sussex Cider and Vinegar. Before that we have our Christmas Fair (see right).



RINGMER HISTORY GROUP

There's no meeting this month but on Saturday 2 November we are offering a one-day course on Ringmer's 20th Century history, which saw dramatic changes in our village. The course is primarily for people who are relatively new to Ringmer, or who have recently become interested in local history.

CHRISTMAS POST

The Christmas Post, which Commercial Square Bonfire Society deliver each year in Lewes, Kingston and Ringmer is happening again this year. Still just 25p per card. Drop your cards to one of our drop off points and we will deliver for you (Lew Howard & Son Butchers, Ringmer Library, The Anchor Inn, the Bar at Ringmer Football Club or 'Pegasus', Broyle). Cut off date is Wednesday 18 December and cards will be delivered after this date.

RINGMER HORTICULTURAL CLUB VILLAGE QUIZ

Ringmer Village Quiz is back following the quick AGM on Friday 8 November 2024. The AGM is at 7pm (free admission), followed by the quiz at 7.30pm. Get a team of four together (£12 entry fee per team) and sign up at rclub1970@gmail.com. You can also call Sue Tibbenham on 01273 812494. Bring your own refreshments/snacks. Quizmaster Bob Cairns will treat us to an evening of fun brainteasers. There will also be a raffle and 50% of the quiz proceeds will go to the Royal British Legion. You can also pick up 2025 schedules for the club.

More information on all the above can be found at ringmerhorticulturalclub.co.uk



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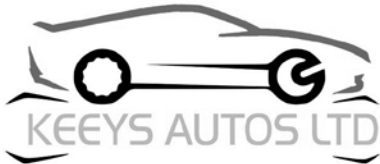


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WHAT'S ON IN RINGMER



KING'S ACADEMY RINGMER

The school recently welcomed new local MP, James MacCleary, to the school [pictured left with Principal Harvey].

During his visit, a wide range of important topics were discussed, including current matters in education, local transport issues, and the much-anticipated reopening of the community swimming pool.

The Department for Education has confirmed King's Academy Ringmer as an above-average school for the third consecutive year, reflecting the hard work and dedication of staff, students and parents..

RINGMER DRAMATIC SOCIETY

The next show is directed by Mike O'Rourke on 20 to 23 November at the Village Hall. To get your tickets head to Ringmer Pet Store or buy from ticketsource.co.uk. Tickets are £9 and the play synopsis is below:

Ross is a successful, happily married cardiac consultant, until his wife Fay announces she has fallen in love with the notorious womaniser Julian Kane. Later, Ross' assistant discovers two phials missing of Zarabell Four, a drug potentially lethal to cardiac patients. When Julian dies from a heart attack, all fingers point to Ross. But as the play progresses many enemies of the deceased are revealed, and audiences will guess right up to the final moments of this well-wrought thriller.

A black and white poster for the Ringmer Dramatic Society. At the top left is a logo featuring two theatrical masks. To the right of the logo is the text "RINGMER DRAMATIC SOCIETY". Below this is the tagline "Experience the thrill of justice, served with a side of ...". The title "Sweet Revenge" is written in a large, elegant, cursive script. Below the title, in smaller text, is "by Francis Durbridge". The central image shows a person lying face down on a stage floor, covered by a white sheet. A single hand is visible, resting on the floor. At the bottom of the poster, the dates "20 - 23 November 2024" and the location "Ringmer Village Hall" are listed. Below that, the box office information is provided: "BOX OFFICE: Ringmer Pet Store or ticketsource.co.uk". At the very bottom, it says "£9 each - Evening shows - Licensed Bar".



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RINGMER VILLAGE LIBRARY



From 1 November 2024, we're open on Friday afternoons in addition to our normal hours. So, from this month, we're open on Tuesdays, Thursdays and Fridays from 2pm to 5pm and Wednesdays and Saturdays from 10am to 12pm.

Friendly Fridays will go right through the winter months until the end of March 2025 and everyone is welcome.

You don't need to be a member to pop in and have a chat, browse the books, check out our sales trolley, use the Internet, print something out or just chill with a hot drink.

October was very busy for the library – as well as our usual activities, we ran another successful Creative Writing workshop, a Saturday storytime with signing and a book folding craft session. Thanks to the three volunteers who led these – Subhadassi, Melanie and Irene. We were pleased to take part in Ringmer History Group's successful photographic exhibition and to welcome author Molly Green back for a talk. These events raised more than £100 in library funds, which is always welcome. While our library is run by volunteers, we rent the room and buy new stock regularly so do need an income.

Here are some dates for your diary for November.

- Friday 1 November 2pm to 5pm: Our first Friendly Friday of the winter.
- Saturday 2 November at 10.30am: A fun and witchy storytime with some Makaton signing.
- Saturday 9 November 10am to 12pm: Monthly Sociable Saturday funded by Ringmer Parish Council. These are always really popular so come and join us for a chat and a slice of cake. You don't have to be a member to attend any of our events.
- Thursday 21 November at 3pm: Hearing Aid Maintenance Session brought to you by East Sussex Hearing.

Find out more details on what we have coming up by emailing ringmervillagelibrary@gmail.com You can also book events at the library desk during our opening hours.

Search the catalogue online at ringmer.librarika.com/search/catalogs – you don't need to log in, just browse and let us know if you'd like to reserve any title.

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WHAT'S ON IN RINGMER



Ringmer Against Greenfield Exploitation

The October Planning Applications Committee considered the Thakeham2 proposal for 95 new homes. Just

one Councillor supported, but no coherent grounds for refusal were agreed. The decision was deferred, which is likely partly to do with the substantial turnout of Ringmer residents so thank you to all involved. Two other applications were heard at the same meeting and, without opposition to equally inappropriate proposals, were passed.

There is still no news about the revised Local Plan – when we know, so will you. We understand that Catesby Estates have reluctantly agreed to meet Ringmer Parish Council and we'll report on that as soon as we can. Please keep on with your protests and don't forget you can get a free DON'T URBANISE RINGMER placard. Any evidence of opposition may just persuade developers to find easier targets elsewhere. Go to ringmergreenfields.org for more information.

RINGMER VILLAGE HALL NEWS

Thanks to all who came along to our celebration of 50 years of the Jack Hart Hall, which was lovely. It was nice to celebrate both the anniversary and the recent refurbishment.

On Saturday 30 November, we're holding one of our popular Souper Saturday lunchtimes from 12pm until 2pm. This is a great occasion to meet old friends for a tasty but economical lunch while raising funds for the Village Hall. The Parish Council will be holding their Neighbourhood Plan event at the same time as an added attraction!

The Village Hall electricity bills have more than tripled over the last few years, and we expect insurance to rise due to the flood claim, so it will be a struggle to balance next year's budget. Regrettably, hire charges for 2025 will increase by just under 5%, and a new small business rate is being introduced. In setting these rates, we remain highly competitive and still offer excellent value for money. Please can all users do their part by turning off lights and shutting windows and doors.

Security remains an issue so please be certain that all doors are locked when leaving - if necessary wait for the door to swing shut and check the lock has engaged.

Lastly, we have reduced the price of our Village Hall Christmas cards to £2.50 per pack of 10 – they are available at the library, and we are keen to sell out – grab a bargain!

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RINGMER PARISH COUNCIL

Full Parish Council meetings are held monthly usually on the 2nd Tuesday of the month. These meetings incorporate planning.

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WILDFLOWER RINGMER | LAUGHTON GREENWOODS



WILDFLOWER RINGMER

This peacock butterfly photo was captured in the Almond Field by naturalist and Ringmer resident John Luck, who has volunteered to undertake regular surveys. We are pleased that Ringmer Parish Council has agreed to trial a less harsh mowing regime for parts of the Village Green from next year. By reducing the mowing frequency and raising the mower blades we hope to develop a flower-rich grass sward. This change is in line with the Council's Biodiversity Policy. Plantlife (the wild plant charity) recommends mowing grass every four weeks, cutting to a height of 3-5cm. Some flowers will be cut off during mowing but as part of the plant lies beneath the mower blades cutting will stimulate the plants to put out more flowers. The wildflowers that will benefit include bird's foot-trefoil (feeds over 130 insects, bumblebee favourite Selfheal and nectar-producing red and white clover. The wildflower area on Sadlers Way Green has been fenced off. Established wildflower species – cowslips, oxeye daisies and violets – are still there but much of the grass has been removed. We have sown a wildflower seed mix which includes 44 wildflower species and native grasses - can't wait to see the results next year! If you'd like to join us please email ringmerwildflowers@gmail.com

FAMILY TREE PLANTING DAY AT LAUGHTON GREENWOODS

Sunday 1 December is your chance to plant a tree in the local woodland, a couple of miles from Ringmer. Laughton Greenwood is one of the only community-run woods in Sussex. We need plenty of volunteers to plant up to 400 saplings in the wood.

Set your satnav for Park Lane, Laughton, BN8 6BP. Sessions start at 10am and 1pm or just come when you can.

There will be pre-Christmas activities for children with art and crafts and hot soup at lunchtime. No experience is needed, children and dogs are welcome. It's free but please sign up at [Ticketsource/LaughtonGreenwood](https://www.ticketsource.co.uk/laughtongreenwood) so that we can send you further details.



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RINGMER PARISH COUNCIL



REMEMBRANCE SUNDAY – The parade on 10 November starts with Lewes, Glynde & Beddingham Brass Band leaving the car park behind the shops at 10.45am, via Springett Avenue and Lewes Road to the War Memorial. The maroon will sound at 11am followed by a two minute silence and then the Reveille. The names of the fallen will be read followed by prayers and a church service from 11.15am after which the parade will reform and march back to the car park.

IMPROVING THE NATURAL ENVIRONMENT IN THE VILLAGE - The Almond Field officially opened on 15 October complete with access path, two benches and many wildflowers that have been planted to increase biodiversity. The field was donated by the late Bill Almond who lived in Ringmer with his wife Anne for many years. It has been accepted by the Southdowns National Park Authority (SDNPA) as a Call for Nature site and it provides a quiet reflective space for Ringmer residents to enjoy. Find it at the back of the new churchyard on the left just next to the entry to the Mutton Field.

RINGMER JUBILEE COTTAGES HOUSING TRUST – To add to the two cottages on The Broyle donated by Ian Askew in 1977 to offer Ringmer families low rent accommodation for up to three years, the Trust reports the purchase of a third property. Blyth Cottage is at 51 Shepherds Way and was bought with the aid of a bequest from Linda Blyth and CIL funding. The new tenants moved in last month.

SWIMMING POOL UPDATE – ESCC Chief Operating Officer Ros Parker told LDC Cllr Johnny Denis that the lease is back in the hands of the District Council and that, while the funds are in place, the LDC needs to finalise the lease asap.

DISTRICT COUNCILLOR UPDATES

Councillor Emily O'Brien says: "At the last full council a motion was unanimously passed calling on Government to address the housing crisis by focusing on increasing the amount of social housing (for example, scrapping the right to buy) rather than deregulation of the planning system and creating conditions which make it impossible for councils in more rural areas to maintain an up-to-date Local Plan. We adopted 'new homes principles' at the last cabinet meeting which helpful set out our approach to our own council house building programme. Locally I'm concerned, like the Parish Council, about the Thakeham 2 development and spoke against it at planning committee. I continue to chase Southern Water on behalf of residents of Green Close who are dealing with sewage flooding their gardens. Southern Water are also digging their heels in over allowing for a connection that would enable the solution to garden flooding in Mill Road which worsened following the Caburn Field development, which is deeply frustrating when then there is a solution on the table, and I'm looking into how we can apply pressure on that."

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The Holm Oak was planted in 1938 by Rev. Arthur Robinson, John Christie and his children, Rosamond and George [above] and, sadly, split and collapsed earlier this summer. Last month, the Holm Oak was removed and the site cleared.

"But I have roots stretched in the earth/Growing stronger since my birth/ You'll never touch them, for you see/ They are the deepest part of me"

From *The Oak Tree* by Johnny Ray Ryder Jnr





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RINGMER PAST TIMES



Continuing the series of old photographs of Ringmer, courtesy of Ringmer History Group.

This photograph, probably taken about 1910, shows John Goldsmith's grocer's, tobacconist's and confectioner's shop, opposite the Green. Parked nearby are his delivery carts, one a handcart and the other horse-drawn. The field gate marks the position of today's twitten through to Shelley Road. The

Georgian house, originally a residence, is mathematically tiled and was first recorded in 1793. The Goldsmith family continued to run the shop, later called the Central Stores, into the 1960s. It is now called Cheyney House. On the edge of the Village Green, opposite, is a heap of broken flints, used by the council roadman to keep the main road, not yet asphalted, in good condition. It cannot have been a great surface for cycling on, so the bicycle wheels parked near the shop entrance were perhaps awaiting repair.

If you have any photos of Ringmer Past send to ringmerparishmag@gmail.com

MAGAZINE CONTACT DETAILS

Contact editor Deb Lancaster at ringmerparishmag@gmail.com. Copy deadline is midday on the 20th of every month.

If you want to advertise with us or already have an advertisement in the magazine, contact advertising manager Paul Dench at advertisingringmerparishmag@gmail.com

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RINGMER COMMUNITY CONTACT NUMBERS

Alcoholics Anonymous, Ringmer: AA Helpline 0845 769 7555, meetings Church Room Tuesday at 12.30pm and Village Hall Friday at 12.15pm.

Barn Dancing Society: 3rd Wednesday of month at 8 pm in Village Hall. Contact Julia Morris on 01273 813595 or Maureen on 07946 735674.

Bowls Club: Rinks: Cheyney Green. Sec: Martin Sargent.

Cheyney Croquet Club: Sue Tompsett 01273813810

Cricket Club: Village Green. Secretary: D Bush on 01273 812522.

Dramatic Society: 01273 812795, mark.croasdale@live.com

East Sussex Community Choir: Monday 7.30 to 9pm term time only at Lewes Town Hall. Mary Burke 01273 475885 or email burke.mf@gmail.com

Evergreen Club: 55+ social club, meets most Thursdays at the Village Hall at 2 pm. For details ring Gill or Graham Stapley 01273 812976.

Lewes & District Art Club: Tuesdays 2-4pm in Village Hall. Mavis Stanley 01273814359 or Angela Howard 01273 813097

Lewes & District Probus: Geoff Fitch on 07484721582, geoffrey@gmx.com.

Lewes Daytime Music: House of Friendship, School Hill: Choir Mon 2-3pm. Ukulele beg. Wed 10am. Inter: 11am Sing to Beat Parkinson's choir every Friday 11-12 at Cliffe Hall, Lewes Debra Skeen 01273 476469.

Lewes Social Group of East Sussex Vision Support meets monthly, every second Monday. Local contact Gill Salisbury, 07463 073385.

Library: Village Hall, 07934 046392 or ringmervillagelibrary@gmail.com

Memory Moments Café: (for people with dementia & their family/carers) - Scout Hut, Thursday 10am to 12pm. Call Kate for more information on 07708 014313.

Mothers' Union: Christine Smith, 01273 814993, christineesmith@me.com or Shirley Squires 01273 752167.

RADAR Community Speed Watch Group Ray Eggleton 01273 812962.

1st Ringmer Guides: Scout Hut, Wed 7pm fifthlewesbrownies@hotmail.com

1st Ringmer Rainbow Guides: Scout Hut, Wed 5pm. Jennie Barnes 01825 769938, fifthlewesbrownies@hotmail.com.

3rd Ringmer Brownies: Village Hall, Tues 5 pm Teresa Sutton 01273 814992, RingmerBrownies@outlook.com

Parish Council: Call 01273 813242/ 07565 704342 or email clerk@ringmerparishcouncil.gov.uk. Website: ringmerparishcouncil.gov.uk

Pilates: Village Hall Thursday evening and Friday morning. Contact Louise McAllen, 07841 397550 or louisemcallenfitness@gmail.com

Exercise Classes: Village Hall, Fri 9.30-10.30am. Wendy on 07980 307002.

Ringmer AFC: RingmerAFC@outlook.com.

Ringmer Baptist Church: Neil Thornicroft 01825 750283.

Ringmer Good Neighbour Scheme: 07340 118758 between 10 and 11 am or 3 and 4 pm or email ringmergoodneighbours@gmail.com

Ringmer History Study Group: John Kay, 01273 813388.

Ringmer Horticultural & Home Produce Club: rhclub1970@gmail.com

Ringmer Primary & Nursery School: Please contact the school office on 01273 812463 or via email at office@ringmerprimary.school

Ringmer Ramblers: Fortnightly walks on Sunday at 10 am (about 5 miles) and more challenging monthly walks on Saturday mornings. Full programme available. Contact Jim Elsam 01273 812335, jim@hteqa.com

Ringmer Rovers Junior Football Club: Football training for players aged 4-16 at Kings Academy Ringmer. Contact the secretary Catherine Kelly on secretary@ringmerrovers.org.uk for more information.

Ringmer Short Mat Bowls: The Bowls Pavilion, Cheyney Green. Mon 2-4.30 pm, Tues 7-10.15pm, Wed 10 am-12.30 pm. Pat Escott 01273 813295.

Ringmer Stoolball Club - Played on the Village Green from May until September. Juniors on Wednesday & Seniors on Thursday evenings. Contact Bethan Nancarrow and 07708 001925

Ringmer Table Tennis Club: Day and evening sessions in the Scout Hut. Contact Membership Secretary Jo Miller on 01273 812840 for more details.

Ringmer Tiddlers & Toddlers: Village Hall, Mon and Thurs 9.30am-11.30am. Debbie Pellett on 07930 907116 or email ringmertiddlers@gmail.com

Ringmer Footpath Clearance Group : Marilyn Linehan on 01273 812345 or marilyn@linehan.com

Ringmer u3a: Retired/semi-retired people study a variety of subjects, Info from the Chair Sarah Boot-Handford on 07962 109779.

Ringmer WI: Village Hall, 1st Tues in month, 7.30 pm. Call Judith Cox on 07971 659557 or email judithcox228@gmail.com

Scout Group - 1st Ringmer: Scout HQ, The Green. Group Scout Ldr & HQ Bookings: John Saunders 01273 812681. Scout Troop: Tuesday, 7-8.30 pm. Leader John Saunders Cub Pack: Thursday, 6 – 7.15 pm. Leader Jamie Faben 07960 272053 Beavers: Thursday 5 - 6 pm. Leader Claire Bouskill, contact beaversinringmer@gmail.com

St Mary's Wednesday Art Group: 10-12pm Church Room. New members welcome contact Kath Evans on 01273 812617.

St John Ambulance - Ringmer Cadet Unit: Village Hall, CADETS 10-18 years meet 6pm - 8pm contact Daniel at Daniel.Willemts1@sja.org.uk

St Pancras R.C. Church: High Street, Lewes. Sunday: Mass at 9 am Latin Mass: 12.30pm. Parish Priest: Fr Jonathan Martin 01273 473309.

Village Hall Bookings: Administrator: Bren Bonner 01273 813303/ 07739 400408 or email bookings to ringmervh.bren@gmail.com

Yoga Class in the Village Hall: Tuesdays 1.30-2.45pm. Contact Sara McGowan on 07947 865876 or email: saramcgowan@yahoo.co.uk

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